

SEMAGLUTIDE VS. TIRZEPATIDE

WHICH WEIGHT LOSS MEDICATION IS RIGHT FOR YOU?



At Human Performance Clinic, we offer the latest in weight loss medications to help you achieve your health goals. Understanding the differences between *Semaglutide* and *Tirzepatide* can guide you in making an informed choice.

	SEMAGLUTIDE	TIRZEPATIDE
Brand Names	Ozempic, Wegovy	Mounjaro, Zepbound
Type	GLP-1 Receptor Agonist	Dual GIP and GLP-1 Receptor Agonist.
Mechanism of Action	Mimics GLP-1 to increase insulin secretion, slows gastric emptying, and reduces appetite. Helps you feel full by mimicking a hormone that controls appetite and slows down how quickly your stomach empties.	Activates both GIP and GLP-1 receptors, enhancing insulin secretion and reducing appetite. Combines the effects of two hormones to help you feel full and control your blood sugar levels more effectively.
Administration	Weekly injection	Weekly injection
Average Weight Loss	Up to 15% of body weight	Up to 20% of body weight
FDA Approval for Weight Loss	Yes, for Wegovy (2021)	Yes, for Zepbound (2022)
Other Benefits	<ul style="list-style-type: none"> • Improves Blood Sugar Control: Helps manage type 2 diabetes by lowering blood sugar levels. • Cardiovascular Health: Reduces the risk of major cardiovascular events like heart attack and stroke. • Sustainable Weight Loss: Provides long-term weight management with continuous use. 	<ul style="list-style-type: none"> • Enhanced Blood Sugar Control: Superior glucose management for people with type 2 diabetes. • Greater Weight Loss: Potential for more significant weight reduction compared to other treatments. • Dual Action: Combines two hormone effects for improved overall metabolic health. • Potential for Fewer Side Effects: May have a better tolerability profile for some patients compared to other medications.
Side Effects	Nausea, vomiting, diarrhea, constipation.	Nausea, diarrhea, decreased appetite, vomiting.
Contraindications	Personal/family history of medullary thyroid, carcinoma or MEN 2 and, pancreatitis.	Personal/family history of medullary thyroid, carcinoma or MEN 2 and pancreatitis.
Cost	Less	More

SEMAGLUTIDE VS. TIRZEPATIDE

WHICH WEIGHT LOSS MEDICATION IS RIGHT FOR YOU?



At Human Performance Clinic, we offer the latest in weight loss medications to help you achieve your health goals. Understanding the differences between *Semaglutide* and *Tirzepatide* can guide you in making an informed choice.



READY TO START YOUR WEIGHT LOSS JOURNEY?

Contact Human Performance Clinic today to schedule your consultation!